

Rediscovering Worship

Personal Worship

*“But his delight is in the law of the LORD;
and in his law doth he meditate day and night.”
Psalm 1:2*

Introduction

- We have already examined corporate worship which is of a public nature when a group of believers gather.
- These next two lessons will focus on two different applications of worship that are not public – *Personal* and *Family*.
- These three divisions of worship – *Public, Personal, and Family* – are all important in their roles.

Continual Worship

- Worship should not be limited to just church gatherings.
- Worship is based on God’s worthiness revealed to us, which is always true.
 - If this is always true, there is always a reason to worship Him!
- Because we are redeemed by God unto Himself, we should dedicate our entire lives to His glory – Romans 12:1-2.
- All our actions should bring God glory – I Corinthians 10:31
- Our finite beings and our fallen nature may not allow for this to be perfectly continual, but it should be our desire and intention to do so.

Private Worship

- Worship is not a spectator sport.
- By definition, it is only between the worshipper and the worshipped.
 - All that is necessary is for us and God to be present.
 - Since God is omnipresent (Jeremiah 23:24) we can worship Him anywhere.
- We know that God watches and hears our private moments with Him – Matthew 6:6
- God desires to have a personal relationship with us - Matthew 11:28-29, John 3:16-17, I John 3:1-3
- “Regular private worship is one of the essential keys to unlock the way to spiritual maturity.” – V.L. Stanfield

Practical Helps

- It is good to develop a habit through consistency and planning.
 - Have a set place to meet with God.
 - Have a set time to meet with God.
 - Have a set plan to hear with God.
 - Examples: read a Bible passage, read a devotional, listen to a sermon or podcast
 - Have a set plan to talk with God.
 - Have a prayer list.
 - Follow a suggested prayer structure, such as:
 - **F**aith – Hebrews 11:6
 - **A**doration – Matthew 6:9
 - **C**onfession – Matthew 6:12
 - **T**hanksgiving – Philippians 4:6
 - **S**upplication – Matthew 6:11-13
 - Incorporate singing or music.
- Find ways to incorporate God more in our lives.
 - Replace frivolous activities with something more substantive.
 - Listen to Christian music.
 - Listen to Bible, audiobooks, podcasts, sermons, etc.
 - Read Christian books, magazines, etc.